



## South East U3A Forum

(Kent, Surrey & Sussex U3A Networks)

### U3A: A New Stage

**Wednesday 20<sup>th</sup> April 2016 at Meridian Hall, East Court, College Lane, East Grinstead RH19 3LT**

**The conference is open to members of all U3As in the South East Region**

#### **Programme:**

- 09.15 Registration: Join us for Coffee/Tea
- 10.00 **Welcome and Introduction by Jeff Staniforth, Chairman of the Forum**
- 10.05 **Key Developments in the U3A World**  
News from the NEC; communications with members on how they see our U3A future  
**Pam Jones, Chairman of the Third Age Trust**
- 11.05 **Going Forward in the South East Region**  
**Hilvary Robinson, South East U3A Region Trustee**
- 11.20 Short Break
- 11.30 **The Benefits of U3A International Exchanges, Visits & Conferences**  
**Ian Funnell, AIUTA Treasurer and Former AIUTA Representative for the Trust**
- 11.45 **Ageing; Everything You Thought You Knew Is Wrong**  
Update of research on positive ageing, learning, and keeping the brain active  
**Professor Richard Faragher, University of Brighton**
- 12.45 Lunch - View Exhibition of Work of Various U3As
- 13.30 **Using On-line Courses in the U3A: Wendy Maples, Open University**
- 13.40 **News from the Kent, Surrey & Sussex Networks**
- 13.55 **Discussion Groups: How is Your U3A Coping with These Challenges?**  
1. Attracting a wider range of members - age, gender, ethnicity, disability .....  
2. Using IT for a range of activities - communications, finance, methods of learning .....  
3. Attracting more interest group leaders and committee members.  
4. Encouraging members and groups to use a range of learning methods.
- 15.00 **Feedback from Discussion Groups**  
Key Issues & Action Points
- 15.30 **Close of Conference**

The conference is free as the Regional Support Budget covers the costs. Please book by 13<sup>th</sup> April. Applications will be on a first-come first-served basis. Please complete and send the slip to:-

Alison Gaitonde 7 Ashurst Road Tadworth Surrey KT20 5ET [alisonmgaitonde@gmail.com](mailto:alisonmgaitonde@gmail.com) 01737 812646

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I wish to attend the South East U3A Forum Conference on Wednesday 20<sup>th</sup> April 2016

Name ..... U3A.....

Address .....

Phone.....Email .....Vegetarian.....